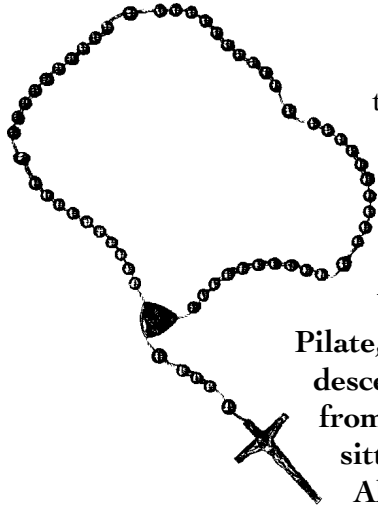


How to pray the Holy Rosary



1) In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

I believe in God. **The Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

2) Our Father who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. **Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.**

3) *Three Hail Marys follow. We pray that God may increase our faith, strengthen our hope, perfect our charity.*

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

4) Glory be to the Father, and to the Son, and to the Holy Spirit. **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

The following 5 (or 10, or 15) decades have the same structure:

5) *One of the mysteries is announced, followed by the Our Father* (see n. 2).

6) *Ten Hail Marys follow* (see n. 3) *during which we meditate on the mystery previously announced.*

7) *Each decade ends with the Glory* (see n. 4) *and the Fatima prayer:*

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those who are in most need of Thy Mercy. Amen.

It is customary to finish the Holy Rosary with the **Salve Regina.**

The Joyful Mysteries:

(Monday and Thursday; and the Sundays from 1st Sunday of Advent until Lent.)

1. The Annunciation to Mary
2. The Visitation of Mary
3. The Birth of our Lord Jesus Christ
4. The Presentation of the Child Jesus in the Temple
5. The Finding of Our Lord in the Temple

The Sorrowful Mysteries:

(*Tuesday and Friday; and the Sundays of Lent.*)

1. The Agony of Christ in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Our Lord on the Cross

Glorious Mysteries:

(*Wednesday and Saturday; and the Sundays from Easter until Advent.*)

1. The Resurrection of Our Lord
2. The Ascension of Our Lord
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of the Blessed Virgin Mary into Heaven
5. The Coronation of Our Lady as Queen of Heaven